



Being Alongside

Association for Pastoral Care in Mental Health
St Paul's Church Centre,
5 Rossmore Road,
London NW1 6NJ

www.beingalongside.org.uk

**Minutes of the Annual General Meeting held on Saturday 7th May 2016 at
St. Andrew's United Reformed Church Frognal Lane
2.00 - 4.00pm**

- 1. Welcome:** given by the Chair, Jamie Summers and extended the welcome to Rev'd Roger Royle Patron of APCMH.
- 2. Present and Apologies:** There were 14 members and friends present. Apologies were received from Stephan Ball, Lionel Perkins, Richard Trout.
- 3. Minutes:** of the last AGM held on 9th May 2015 were agreed and past unanimously.
- 4. Matters arising:** None
- 5. Chairperson's Report:** Jamie Summers gave his report – as attached. Jamie further thanked Suzanne who is stepping down as a Trustee – taking a short sabbatical – for all her hard work and particularly for help with the leaflet and the last edition of the newsletter – he couldn't have managed without her. Suzanne has been with the organisation 15 years and over this period been involved in many aspects of APCMH including Chair and Vice Chair for a period of time.

Steve Press Editor who stepped down earlier on this year was acknowledged for his hard work and the good job that he did producing the APCMH magazine.

At this point Jamie introduced the members to Trevor Parsons our new editor. Trevor told the members that he has given a brief about his background etc which was published in the last magazine, and was very happy to be joining the team and working alongside them. Trevor stated that he would appreciate much help and guidance with contributions and would like to see 1 or 2 pages of 'News in Brief' so any bits of news would be appreciated. David Roe commented that of late the magazine has had too much theological content – Christian message okay but who is it aimed at the moment? Trustees to take this thought away to next meeting.

John Vallat stated that it was a forum for people to contribute and learn from other people's point of view. It has a spiritual aspect to it and it seemed that was what the readers wanted.

Jamie also thanked Stephan Ball who has resigned from the committee at this time for all his hard work and commitment. Stephan requested that he be co-opted onto the committee which will be discussed at the next Trustees Committee Meeting in July.

Stephan joined APCMH in 2001, shortly afterwards introducing Young Friends (ie. Young Quakers) . APCMH became their yearly charity and raised a lot of money for the organisation. Together with Young Friends Stephan set up a training weekend which was repeated due to its success. Stephan also arranged for John Vallat to attend a Quakers Annual Meeting in York – this was attended by hundreds of people thus demonstrating a fine example of sowing seeds. Stephan was responsible for introducing and arranging weekend retreats to Turvey Abbey where the Trustees discussed future planning. Stephan has been working alongside John Vallat on the Archives, was part of the group with John and Pam Freeman on the Acorn Dementia Course which APCM contributed to the funds of this course. Stephan was Chair of the Committee for 4 years and the Trustees acknowledged his efforts and contributions to APCMH and wished him well.

Further reports published and presented to all members by the groups:-

Richard and Helen Trout the Merton Group and the Battersea Befriending Group.

Report from David Roe - APCMH Merton and Sutton.

Report from John Vallat - from the Haslemere 'Grapevine' Group

Report from Nick Cotton – APCMH Forest Hill

John Vallat commented that given the work Merton/ Forest Hill do is remarkable should be congratulated.

Jamie Summers thanked everyone for the reports presented.

6. Presentation of Report and Financial Statements for period to 30th September

2015: Marlene Collins outlined the balance sheet. We brought in £9,001 , spent £17,660 and in the bank as of 30th Sept 2015 £111,666 . An annual loss of £8,659 . We are not covering costs but still have legacy £50,000 has been set aside for funding. The committee approved the report.

Marlene further adds that it has been a positive year for the Trustees who has seen the Stephen Sykes Bursary Fund, originally initiated by Jean Marsham and fully supported by the Trustees, their first funding of £1,000. APCMH has received this year total contributions of £1,804.756 from various donations including The Invicta Trust, St. Andrews Church. At this moment in time The Trustees are also considering a second application.

The Trustees have also given funding this year to Merton and again are considering an application from a Befriending Group in Nottingham ,Forest Hill and Merton.

7. Election of Chairperson - Nick Cotton proposed Jamie Summers – seconded by Pam Freeman passed unanimously.

8. Election of Treasurer: Pam Freeman proposed the election of Treasurer – Marlene Collins – seconded by Jean Marsham passed unanimously.

9. Appointment of Accountants: Marlene Collins proposed that Malcolm Prior & Co continue as accountants – seconded by Jean Marsham – passed unanimously.

10. Appointment of Trustees- Nick Cotton, Pam Freeman, Miriam Reyes, Jean Marsham, Jamie Summers.

Co-opted Members – Diana Klewin, Gail Cotton, John Vallat, Lionel Perkins

11. Date of Next Meeting –Next AGM will be held on 6th May 2017 at St Andrews Church.

12. Any other business – none.

Signed:

Chairperson:

Date: 7th May 2016